

## Abstract

The present invention provides a promoter for increasing plasma volume containing as an active ingredient a gel composition comprising the following components and having a pH in the range of 3 to 4:

5 3 to 8 wt.% of protein that does not coagulate at pH 3 to pH 4; 0.1 to 0.5 wt.% of calcium; 0.5 to 3 wt.% of acidulant; 4 to 20 wt.% of carbohydrate; 0 to 5 wt.% of fat; 0 to 0.5 wt.% of emulsifying agent; 0.1 to 1 wt.% of

10 agar; and 65 to 90 wt.% of water.